Hummus

Prep Time: 10 Ready In: 10 Cook Time: 0 Servings: 10

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Ingredients

2 Cup Garbanzo beans (drained) 3 TBS Tahini (sesame butter)

3 Garlic cloves (crushed) 3 TBS Olive Oil

1 Lemon (squeezed, and juice reserved) 1 1/2 tsp Ground Cumin

1/4 tsp salt

Directions

In a food processor, puree the garbanzo beans, tahini, garlic, olive oil, lemon juice, and cumin together (plus salt to taste).

If the puree is too thick, add a little water to it a tablespoon at a time while the food processor is running until the desired consistency is reached.