

# Rice and Lentil Salad

Prep Time: 10      Ready In: 45

Cook Time: 35      Servings: 10

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## Ingredients

3 Cup rice	3/4 Cup lentils
8 Cup water, broth, or combination	1 onion
1 TBS garlic powder	1/4 Cup olive oil
1/3 Cup parmesan cheese (optional)	0 salt and fresh ground pepper to taste

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## Directions

- 1      Rinse the rice and lentils well.
- 2      Combine the rice, lentils, salt, onion, garlic, and water or broth in a pot.
- 3      Remove from heat and let sit for 10-15 min. without removing the lid. Or cook rice and lentils together in a rice cooker (my preference).
- 4      Toss with the olive oil, and parmesan (if using), and season with salt and pepper.