Banana-Strawberry Yogurt Shake

Prep Time: 15 Ready In: 0

Cook Time: 0 Servings:

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Ingredients

1/2 Pint Vanilla frozen yogurt
2 tsp Light corn syrup
3 Large Strawberries
5 oz Skim Milk
1 Small Banana

Directions

1 Place all the ingredients in a blender and blend until smooth.