Sweet and sour spareribs

Prep Time: 0 Ready In: 0

Cook Time: 0 Servings:

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Ingredients

1 Cup Catsup
1/2 Cup Brown sugar/packed
1 Can Pineapple, crushed or chunk
1 Can Water

Directions

1 Place in a crock pot with your meat or pork ribs and slow cook 3-4 hours.