

Sweet and sour spareribs

Prep Time: 0

Ready In: 0

Cook Time: 0

Servings:

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Ingredients

1 Cup Catsup

1/2 Cup Brown sugar/packed

1 Can Pineapple, crushed or chunk

1 Can Water

Directions

- 1 Place in a crock pot with your meat or pork ribs and slow cook 3-4 hours.