

# Whole Wheat Waffles

Prep Time: 20

Ready In: 30

Cook Time: 5

Servings: We make 4 batches for our family of 6.

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## Ingredients

1 Cup Whole Wheat Flour

3 tsp Baking Powder

1 1/2 tsp Salt

3 tsp Brown Sugar

2 Eggs Separated

1/4 Cup Vegetable oil

1 1/4 Cup Milk

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## Directions

- 10 Sift flour, baking power, salt and sugar 3 times.
- 20 Separate eggs beat whites until stiff.
- 30 Place yolks, oil, milk in a bowl, mix.
- 40 Add the yolk, oil and milk to dry ingredients, mix for two minutes.
- 50 Fold in egg whites.
- 60 The batter will look thin, cook in a waffle iron and enjoy.